

# Texas Junior Orienteering Camp (TJOC)

## 2026 Runner/Coach/Chaperone Information & Application

TJOC is a resident orienteering camp designed to train competitive junior orienteers to compete and win at the local and national level! Sid Richardson Scout Ranch provides unique terrain, air-conditioned spaces, and training experiences that will improve any runners orienteering skills. Join us for a TEXAS-sized orienteering camp.

TJOC is a joint effort between North Texas Orienteering Association (NTOA), Houston Orienteering Club (HOC), and Lone Star Orienteering Club (LSOC). It has enhanced the skills of many of the best junior orienteers across the country for more than 20 years.

**Camp Location:** Sid Richardson Scout Ranch (SR<sup>2</sup>) (Lakeview Lodge) near Bridgeport, Texas. [Click HERE for location and pictures of the campsite.](#)

**Dates:** Start: 31 May 2026 (Check-in ~ 12:30 pm. (Eat lunch prior to check-in – Dinner will be our 1<sup>st</sup> meal)  
End: 05 June 2025 no later than 2:00 pm.

**TJOC is for experienced junior orienteers (ages 13-19 years) in excellent health and physical condition, who have completed at least two yellow courses (or above) on their own;** see prerequisites for each level of training. All club, school, JROTC, or other individual orienteers are encouraged to attend.

**Camp cost: \$200 (junior orienteers and adult chaperones), \$100 (adult trainers\*).**

**\* One adult trainer/coach per school or team with a minimum of 4 attending cadets. All other adults/chaperones will pay full camp cost of \$200.00.** Camp fees are all-inclusive (lodging, meals, t-shirt, training materials, maps, and other activities). Scholarships may be available to those with identified needs.

***NOTE: Teams sending 4 or more participants should provide a vehicle, coach, or chaperone that will remain onsite to assist during the entire camp. ONLY THOSE ADULTS/GROUPS WHO ARE BRINGING 4 OR MORE RUNNERS ARE GUARANTEED ONSITE LODGING AT THIS YEARS CAMP FOR ONE ADULT; ADULT LODGING SPACE IS REDUCED THIS YEAR. UPON APPLICATION DEADLINE IF ADDITIONAL SPACE REMAINS OTHER ADULTS MAY BE PERMITTED TO REMAIN ONSITE. ANY OTHER ADULTS MAY BE REQUIRED TO PROVIDE THEIR OWN LODGING (AT THEIR OWN ESXPENSE AT A NERBY FACILITY IN TOWN. Consult camp director with questions, as needed.***

**You (and/or coach) must provide/arrange:**

Transportation to and from TJOC  
Individual orienteering equipment and supplies (see equipment list)  
Personal clothing and equipment

**Junior orienteers:** You will participate in all training activities and assist with cleaning, setup, and other assigned duties during. This is a high-paced and intense camp and sitting out activities is not permitted. You will work your tail off and you will be tired, but you will also significantly improve your orienteering skills and have a lot of fun.

**Coaches:** Please prepare orienteers to be successful at TJOC! You must actively organize, train, and equip your orienteers BEFORE they show up at Sid Richardson. Get them running in the heat – it will be HOT. **ALL RUNNERS MUST have a hands-free water carrier, good orienteering shoes and gaiters/running pants.**

Questions or need more info: contact TJOC Camp Director – Ron Hojnowski

Email: [ronald.hojnowski@gmail.com](mailto:ronald.hojnowski@gmail.com)

Phone: (985)788-8567 (cell)

**Camp Training/Groups:** Based on experience, coach recommendations, and TJOC staff input, runners will be grouped as either Fast Start (2-day Yellow quick-start course who will then join Intermediate runners on day three), Intermediate, or Advanced. Runners may be moved up or down, based on performance during the week.

### Prerequisites, Individual Equipment and Skills

**Prerequisite:** Positive attitude & no couch potatoes! Participants must be physically active, motivated, and ready to learn. Attendees should be able to run 2 miles in 18 min (male) and 22 min (female).

**Clothing & Equipment:** Participants must bring at least 4 complete changes of clothes, an extra pair of closed-toe shoes, and extra undergarments/socks; you can't have enough. T-shirts, shorts and running shoes are appropriate for most non-orienteeing activities. CONSERVATIVE swimsuit (Boys: no speedos; Girls: one-piece suit or two-piece with t-shirt) & beach towel. Wet weather gear (poncho, ball cap, etc.) Flip-flops (shower shoes), wraps, pajamas, and other casual clothing are permitted during after-hours activities. \*Clothing should be school-appropriate\*

**General Equipment:** Insect repellent, sunscreen, glasses, sunglasses, duct tape-full roll, toiletries, aspirin or ibuprofen (check with your coach before bringing), small first aid kit, soap, shampoo, mesh laundry bag, sleeping bag/pillow or sheets/blanket, washcloth, 2 bath towels, bright flashlight or headlamp (you will orienteer at night), extra batteries, notebook, and writing utensils. **\*You must bring your own bedding; it is not provided.**

#### Orienteering Equipment:

**Hands-free water carrier – camelbak or similar device (required on all courses)**

Watch, whistle, compass (bring an extra) - (required on all courses)

E-stick (one can be provided if you don't have one), manual punch card holder, and control description holder

Gaiters, Orienteering Socks, Orienteering Pants (Shorts are NOT recommended)

Running/Trail/O-shoes; 2 pairs

Flashlight or headlamp for night orienteeing

Long-sleeved T-shirts and other protective clothing

Eye protection (as desired)

**Other Equipment:** Cell phones, charging cords, cameras, etc. Check with your coach before bringing. (Note: There is typically cell service available, but no WiFi).

#### **Fast-Start – Yellow Level**

Successfully completed at least two **Yellow** level courses

#### **Intermediate Level – JV (Orange Level)**

Successfully completed at least two **Orange** level courses

#### **Advanced Level – Varsity Level**

Successfully completed at least two **Brown/Green** level courses

#### Sample Skills:

Folding/orienting/thumbing a map  
Proper use of a compass (bearing)  
Basic orienteeing symbols/map reading

#### Sample Skills:

Understand O-terms/vocabulary  
Control descriptions & map symbols  
Taking a bearing  
Proper map folding/thumbing  
Pace count (walk/run/uphill, etc.)  
Applying “a system”

#### Sample Skills:

Route choice strategies  
Navigation techniques  
Able to stay in contact with the map  
Be able to Mentor/Teach

## Application Checklist and Timeline – Applications & Payments Due May 13, 2026

**Runner Applications:** Pages 5, 7-11 of this application must be completed, signed, witnessed (where required), and SCANNED AND EMAILED by 13 May 2026.

**Coach/Adult Applications:** Pages 6-11 of this application must be completed, signed, witnessed (where required), and SCANNED AND EMAILED by 13 May 2026.

1. Scan ALL completed packages and email to:

[ronald.hojnowski@gmail.com](mailto:ronald.hojnowski@gmail.com) AND [jim.minta@gmail.com](mailto:jim.minta@gmail.com).

2. Important Dates: May 13, 2026 - Completed packages scanned/emailed to Camp Director  
- Payment if full mailed to Mary Lynn Genovesi (see below)

MAIL ALL PAYMENTS TO THIS ADDRESS ONLY:

*Payments in the form of a check or money order payable to "TJOC" can be mailed to:*

TJOC Payments  
c/o Mary Lynn Genovesi  
883 St James Dr  
Fairview, TX 75069

Electronic payments may be made via: Zelle: [ntoa.treasurer@gmail.com](mailto:ntoa.treasurer@gmail.com)  
Paypal: [pavntoa@yahoo.com](mailto:pavntoa@yahoo.com)

**Runner Applications include pages 5 & 7-11.** (Please submit all forms in one file)  
2026 TJOC Runner Application  
2026 TJOC Experience Form  
Covenant Not to Sue  
Consent to Medical Treatment Form  
Parent/Guardian Agreement/Release/Permission/Health Insurance Info  
School Sports Physical (*preferred*) OR Individual Health and Medical Record: TJOC (page 11 of this application)

**Staff/Adult Applications include pages 6-11.** (Please submit all forms in one file)  
2026 TJOC Staff/Adult Application  
TJOC Experience Form  
Covenant Not to Sue  
Consent to Medical Treatment Form  
Individual Health and Medical Record: TJOC

Check your application package before sending:

If you are under 18 years old, a parent or guardian must sign all appropriate forms!

There is **no requirement for a Notary Public**. The witness can be any adult.

*You must have a coach/instructor/adult group leader certify you meet the prerequisites for attending.*

***Please complete all forms in their entirety, neatly and legible.***

***TJOC is open to all junior orienteers (age 13-19) from any club, school, or JROTC unit across the country. Spread the word and bring your friends for a high-energy and fun week of learning and camaraderie. TJOC is orienteering training at its finest.***

**PLEASE NOTE: Knives or weapons (of any kind), or tobacco (including e-cigarettes and vaping) or anything else, not school appropriate is not permitted at camp; Do not bring these items with you. IF YOU DO, YOU RISK BEING SENT HOME FROM CAMP at parent's expense and no refund.**

## COACHES/PARENTS SPECIAL NOTES!

TJOC starts Sunday, 31 May 2026 with check-in beginning at approx. 12:30 pm and ends Friday, 06 June 2025 no later than 2:00pm.

**ALL runners are expected to remain for the duration of camp through Friday afternoon to assist with camp cleanup. If your group needs to arrive or depart early/late, please contact the Camp Director: Ron Hojnowski, [ronald.hojnowski@gmail.com](mailto:ronald.hojnowski@gmail.com)**

Submitted packages and runner information may be tracked at the below listed page. Coaches, chaperones, and runners who submit packages, please verify that you see your name listed on this spreadsheet for receipt of package and payment and any discrepancies that might need attention.

**[TJOC 2026 Participant/Staff/Chaperone Review Page](#)**

There is a lot of interest in this year's TJOC. While we have not had to limit participation at any camp in recent years, priority will be given to all runners from the state of Texas. After that, should we exceed our camp limit of 84 runners, we will allot participation to schools equitably until our limit is reached. This has not happened in recent years, but we simply want teams and coaches to know that this is always a possibility due to the recent increased interest in TJOC. Please submit applications as early as possible so that we can properly plan for this year's camp.

Our adult lodging availability this year will be limited from previous years to 24 or less. As a result, adults who can reside onsite will be limited initially to schools/groups bringing multiples of four or more runners, initially. (In other words, bringing 4 = one adult). After the registration deadline, any remaining onsite lodging will be offered to those who desire it, which is preferable. Our goal is to have all onsite, but we may run into a situation where some may have to stay in town at local hotels at their own expense. Please keep this in mind when registering if you have extra adults who would like to attend. For those who would like to bring one participant and have an adult stay on site, this is likely not possible this year.

Camp location is Lakeview Lodge Sid Richardson Scout Camp (Google it for directions to the campsite). Sid Richardson Scout Ranch (SR2) is located near Runaway Bay and Bridgeport, Texas. [Click HERE for location and pictures of the campsite.](#)

\* Upon initial arrival at Sid Richardson Scout Ranch (SR<sup>2</sup>) entrance, it is still another 15-20 ride to Lakeview Lodge. Please plan accordingly to arrive on time.

# 2026 TJOC RUNNER APPLICATION

(Please write very neatly)

Full Name (Last, First, MI): \_\_\_\_\_ Nickname: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Cell Phone Number: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Name of School/Club/Organization and Location: \_\_\_\_\_

Gender: M F Year born: \_\_\_\_\_

T-shirt Size: S M L XL XXL XXXL E-punch number: \_\_\_\_\_

Are you a swimmer? non-swimmer weak medium strong certified lifeguard

*\* Swimming will be a planned camp activity but is optional for all campers.*

Parent Info: Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Coach Info: Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**COACH OR ADULT LEADER: please certify this applicant meets the physical prerequisites for TJOC (2-mile time-trial; maximum time 20 min (male) and 25 min (female). Runners must be in good physical condition to successfully complete camp in difficult terrain.**

1. I certify that the applicant meets or exceeds the physical prerequisites for TJOC as outlined above:

2 mile run time: \_\_\_\_\_ (min) \_\_\_\_\_ (sec)

2. What level do you request for your runner to participate during camp: (circle one)

Fast Start (Beginner - Yellow) Intermediate (Orange) Advanced (Green/Brown)

Signature of Coach: \_\_\_\_\_ Date: \_\_\_\_\_

\* Complete all sections of all forms, including 2-mile run time. This is an endurance sport and you must be fit to compete.

## **2026 TJOC STAFF/ADULT APPLICATION**

(Please write very neatly)

Full Name (Last, First, MI): \_\_\_\_\_ Nickname: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Cell Phone Number: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Name of School/Club/Organization and Location: \_\_\_\_\_

**Gender:**      M      F      **Year born:** \_\_\_\_\_

**T-shirt Size:**    S    M    L    XL    XXL    XXXL      **E-punch number:** \_\_\_\_\_

**Are you a swimmer?**      non-swimmer      weak      medium      strong      certified lifeguard

Coach or adult leaders may also participate in training and competitions. You do not have to participate in all events. Please answer the following:

1. Are you interested in participating in training and/or competitions alongside camp participants?

Yes                      No

2. What level do you would you like this runner to participate during camp:

Fast Start (Beginner - Yellow)      Intermediate (Orange)      Advanced (Green/Brown)

Signature of Coach: \_\_\_\_\_ Date: \_\_\_\_\_

**Staff members and coaches are asked to assist with orienteering training and other tasks as needed. Do you have any special qualifications that might help us at camp, such as certified lifeguard, COPE certified, EMT/emergency medical skills or qualifications, orienteering coaching certification, etc.?**



**COVENANT NOT TO SUE**

**OFF-CAMPUS TRAINING AND PRACTICAL FIELD/HIGH RISK TRAINING**

**TEXAS JUNIOR ORIENTERING CAMP (TJOC)**

**(1) PRINCIPAL PURPOSE:** To release the host institutions and the state in which said institutions are located from liability for injury, death, or damages for participants in Texas Junior Orienteering Camp participating in voluntary off-campus training programs, practical field, and high-risk training.

**(2) ROUTINE USES:** Normal personnel actions. Disclosures of information may be provided to proper authorities in actions regarding law enforcement, legal actions because of injury or death, and investigations of accidents resulting from such voluntary off-campus training programs, practical field, and high-risk training.

**(3) MANDATORY OR VOLUNTARY DISCLOSURE AND EFFECT ON INDIVIDUAL NOT PROVIDING INFORMATION:** Voluntary. Failure to complete form will disqualify applicants from participating at TJOC.

I \_\_\_\_\_, residing at \_\_\_\_\_  
(Parent full name) (Street Number and Address)  
\_\_\_\_\_  
(City, State, Zip Code)

do hereby agree that in consideration for being allowed to participate in Texas Junior Orienteering Camp (TJOC) 2025, conducted by the Texas Junior Orienteering Camp Association (consisting of the North Texas Orienteering Association, Houston Orienteering Club, Lone Star orienteering Club, the Boy Scouts of America Longhorn Council, and adult camp staff personnel) supervised activity, and whereas I am doing so entirely on my own initiative, risk, and responsibility; and being fully aware of the risk adhering to this type of training, I hereby **RELEASE AND DISCHARGE FOREVER**, the State of Texas and the Texas Junior Orienteering Camp association and all of its officers, agents, and employees, acting officially or otherwise from any and all claims, demands, actions or causes of action, on account of myself OR on account of any injury to me which may occur from any cause during said activity or continuances thereof, and I do further covenant and agree to hold the State of Texas and the Texas Junior Orienteering Camp association and all of its officers, agents, and employees, acting officially or otherwise, blameless for any and all damages which I may cause either intentionally or through my own negligence.

\_\_\_\_\_  
Printed Name of Parent/Guardian (If participant is a minor)

\_\_\_\_\_  
Signature of Parent/Guardian (If participant is a minor)      Date

\_\_\_\_\_  
Relationship to Participant

\_\_\_\_\_  
Printed Name of Participant (if 18 or older)

\_\_\_\_\_  
Signature of Participant (if 18 or older)      Date

WITNESSED BY: Period Covered: 31 May – 05 Jun 2026

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Printed Name of Witness      Date

CONSENT TO MEDICAL TREATMENT

STATEMENT REQUIRED BY PRIVACY ACT OF 1974

(1) PRINCIPAL PURPOSES: A statement authorizing medical care in civilian or government medical facilities while attending Texas Junior Orienteering Camp (TJOC).

(2) ROUTINE USES: Normal personnel actions: Disclosure of information may be provided to proper authorities in actions regarding medical treatment, legal actions as a result of injury or death, and investigation of accident resulting from Texas Junior Orienteering Camp.

(3) MANDATORY OR VOLUNTARY DISCLOSURE AND EFFECT ON INDIVIDUAL NOT PROVIDING INFORMATION: Voluntary. Failure to complete form will disqualify applicants from participating in Texas Junior Orienteering Camp.

I \_\_\_\_\_, consent to be treated in any government or civilian medical facility, near or enroute to the Texas Junior Orienteering Camp near Bridgeport, Texas during the period 31 May – 05 Jun 2026. This consent encompasses all procedures and treatments as are found to be necessary or desirable, in the judgment of the professional staff of any of the above-named medical facilities. I understand that this consent is of a general nature and accordingly list the following exceptions to this consent below:

I (am) (am not) on medication. (List type, if on medication)

I (am) (am not) allergic to medication. (List type, if allergic)

It is understood that this consent can be withdrawn in writing or orally at any time.

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name of Witness

\_\_\_\_\_  
Print Name of Participant

PARENT OR GUARDIAN: (When participant is a minor or unable to give consent),

I \_\_\_\_\_, parent/guardian of \_\_\_\_\_ have read and understood the above consent to treatment and hereby expressly consent to the above-described treatment, if necessary.

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Signature of Parent

\_\_\_\_\_  
Print Name of Witness

\_\_\_\_\_  
Print Name of Parent

**TJOC Parent/Guardian Agreement/Release/Permission – Health Insurance Information Page**

I give my permission for my son/daughter \_\_\_\_\_ to participate in the 2026 Texas Junior Orienteering Camp. I understand activities will include orienteering training (70% of the camp), physical fitness activities, and other activities to potentially include rappelling, aquatics, and other physically demanding activities. I understand that if my participant is unable or unwilling to meet the physical requirements of camp that I may be notified to pick up my participant.

I understand that a **Zero Tolerance** policy on participant conduct and behavior involving drugs, tobacco, public displays of affection, etc. All school district and Boy Scout of America (BSA) policies will be in effect during TJOC 2026 from time of arrival, until the participants depart camp. If a participant should violate these rules, the parent/guardian may be notified to pick up their participant prior to the end of camp, at no expense to the camp.

I understand that I may be charged for any damage to the camp facilities, and I accept full responsibility for my participant’s actions during this camp.

I (and my participant) understand all camp participants will share tasks such as cleaning of common areas including training rooms, dorms, restrooms, dining hall, and surrounding grounds. The camp director and staff will make these assignments, and all participants are expected to do their share.

To the best of my knowledge, my son/daughter is in good physical condition. Participation in TJOC, in my opinion, will not have an adverse effect on his/her health. I will immediately notify the camp director of any changes. Medical support, on site, will be first aid provided by camp staff. Any participant requiring medical care beyond first aid will be sent to a local clinic or hospital with parent/guardian notification. Participants will be financially responsible for any medical requirements beyond that provided by camp staff.

All medications the participant is taking should be given to the camp medical officer for appropriate dispensation according to the instructions from the parents and/or doctor.

Should a participant be required to be picked up from camp early, it will be at no cost to the camp and no portion of camp tuition will be refunded.

<b>Medical Insurance Company *</b>
<b>Name:</b>
<b>Street:</b>
<b>City, State, Zip Code:</b>
<b>Policy/ID Number:</b>
<b>Telephone Confirmation Number:</b>

**\* Health insurance is required to participate in this camp, with full insurance information provided.**

I understand that my child will be unable to attend TJOC without this signed agreement/release form, proper insurance documentation, and signatures below agreeing to the provisions outlined above.

Signature of participant: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of parent: \_\_\_\_\_ Date: \_\_\_\_\_

**A SCHOOL SPORTS PHYSICAL IS PREFERRED AND MAY BE PROVIDED IN PLACE OF THIS PAGE. ALL ADULTS AND THOSE WHO DO NOT HAVE A SCHOOL RELATED SPORTS PHYSICAL SHOULD COMPLETE THIS PAGE.**

<b>Individual Health and Medical Record: TJOC</b>					
Please PRINT all information LEGIBLY. Use back of form if necessary.					
<b>IDENTIFICATION</b>				<b>Date:</b>	
Full Name and Birthdate					
<b>Name of Emergency Contact</b>					
<b>Work Address and Phone #</b>					
<b>Home Address and Phone #</b>					
ALTERNATE EMERGENCY CONTACTS					
1	Relationship:		Phone:		
2	Relationship:		Phone:		
Name of Family Doctor:			Phone:		
Name of Dentist:			Phone:		
PERSONAL INSURANCE CARRIER					
Name of Insurer:		<i>Provide copy of Front &amp; Back of Insurance Card</i>			
Address:					
Phone:		Policy #:			
Name of Insured:					
MEDICAL HISTORY					
Circle all items that apply, past or present, to your health history. This will NOT effect your TJOC eligibility.					
<b>ALLERGIES:</b>		Plants	Insects	Medicines	Food
ADHD		Back Pain/Injury		Digestive Problems	
Asthma/Wheezing		Chest Pain		Dizziness/Fainting	
Bleeding Disorder/Nosebleeds		Convulsions/Seizures		Headaches/Migraines	
Bone Fracture/Joint Injury		Diabetes		High Blood Pressure	
Skin Problems		Other			
<b>Explain any circled items:</b>					
<b>MEDICATIONS</b>					
Please list ALL medications taken in the 30 days prior to arriving at TJOC:					
List any medications, dosage and schedule to be taken at camp:					
List any physical or behavioral conditions that may affect or limit full participation in swimming, running, hiking long distances, or playing strenuous physical games:					
List equipment needed such as supports, braces, glasses, contact lenses, etc					
<b>IMMUNIZATIONS</b>		(Give date of last inoculation.)			
Diphtheria, Pertussis, Tetanus (DPT)		Tetanus Booster			
Measles, Mumps, Rubella (MMR)		Hepatitis B Vaccine			
Polio		Other (Specify)			