

Welcome to our final DIY event for the 2020-21 Season.

## **Parking**

If you are attending for the Boy Scout Merit Badge training, you should park in the Bob Woodruff North Parking lot. Otherwise, feel free to park in any of the parking areas scattered throughout Bob Woodruff and Oak Point parks.

## **Course**

The course is set up as a Score-O. Plan your own route and find as many of the controls as you can!

Participants aren't required to wear masks when on course, but please respect spacing if others are encountered. Remember, this is self-serve event, so no NTOA staff will be at the park. Be sure to bring your own water if you'll want some. For safety, please let someone know when you'll be going out and check in with them when you return. That way, they will know if you don't return on time and can take action.

## **Flood Plain**

Much of the park is in the Rowlett Creek flood plain. Some of the seasonal swamps, watercourses and ditches may have water or mud while others will be dry. If there is significant rain, then many of these low spots may be full of water or at least very muddy.

## **Rowlett Creek**

Rowlett Creek is about 20 feet lower than the adjacent flood plain. Several trails skirt the creek banks. Be careful and do not crowd along these locations.

Do not go down into Rowlett Creek or try to wade across it. You must cross Rowlett Creek at the different bridges in the parks. These bridges are marked on the map.

## **Horses**

Horse riding is allowed in the park, with most of the horse riding being in the northern and eastern parts. If horse rider(s) approach you, park rules require you to yield right of way to them. Please get off the trails and allow horses to pass safely without spooking them.

## **Cyclists**

The paved sidewalks and some of the dirt paths are used by cyclists. The cyclists often ride very fast and can easily come up on you unexpectedly. It is recommended that you walk beside - but off the trail as you orienteer, and especially if you need a few minutes to read your map.

## **Woods**

Most of the woods are either mowed parkland or thick with undergrowth. The undergrowth can either be poison ivy (especially at the edges of the woods), tall grass with good visibility but slow running, or moderate to thick undergrowth with limited visibility.

## **Roads and Bridges**

There are streets and roads around and through the park. The roads through the park are elevated above the flood plain, so you can run the course by using the under the road bridges. In particular, you should NOT cross any paved streets with traffic while orienteering.

## **Clothing**

Due to the poison ivy and tall grass, all orienteers are encouraged to wear long pants and long sleeved shirts. You should probably bring an extra set of shoes/socks and pants to change into if it has rained recently before the meet. And, don't forget to protect yourself against getting sunburned if it is a sunny day. You might also want to consider using insect repellent.

Mary Lynn Genovesi