Texas Junior Orienteering Camp (TJOC)

**2023 Runner/Coach/Adult Information and Application**

**TJOC is a resident orienteering camp designed to train & field the most competitive junior orienteers in the country who can compete and win at the local and national level! Sid Richardson Scout Ranch provides for unique terrain, air-conditioned spaces, and training experiences that will significantly improve your runners orienteering skills. Join us for an unmatched TEXAS-sized orienteering camp.**

TJOC is a joint effort between North Texas Orienteering Association (NTOA) and Boy Scouts of America (BSA) Longhorn Council. It has enhanced the skills of the best junior orienteers across the country for 20 years.

**Camp Location:** Sid Richardson Scout Ranch (SR2) (Lakeview Lodge) near Bridgeport, Texas. [Click HERE for location and pictures of the campsite.](https://www.google.com/maps/place/Lakeview%2BLodge%2BSid%2BRichardson%2BScout%2BCamp/%4033.244819%2C-97.865417%2C3a%2C75y%2C90t/data%3D%213m8%211e2%213m6%211sAF1QipN3zC1YsgnnGi3efMy1mP3c7FjMc4zay_V-bNlw%212e10%213e12%216shttps%3A//lh5.googleusercontent.com/p/AF1QipN3zC1YsgnnGi3efMy1mP3c7FjMc4zay_V-bNlw%3Dw114-h86-k-no%217i4032%218i3024%214m14%211m7%213m6%211s0x8652732f00f7ee37%3A0xed2601b55d4a08d9%212sSid%2BRichardson%2BScout%2BRanch%218m2%213d33.1956238%214d-97.9077321%2116s/g/1tlndw05%213m5%211s0x8652747a12c6c3cf%3A0xf50e68d60fa181cb%218m2%213d33.244819%214d-97.865417%2116s/g/11b807w10h?hl=en)

**Dates:** Start: Sunday, 04 June 2023 @ 2:00 pm. (Eat lunch prior to check-in – Dinner will be the 1st camp meal)

End: Friday, 09 June 2023 at 3:30 pm.

**TJOC is for experienced junior orienteers (ages 13-19 years) in excellent health and physical condition, who have completed at least two yellow courses (or above) on their own;** see prerequisites for each level of training. Any club, school, JROTC team, or other individual orienteers are encouraged to attend. TJOC is one of the longest running and premier orienteering camps in the U.S. Explore new terrain and significantly improve your skills with some of the best trainers in the country.

**Camp cost: $225 (Junior Participant) and $100 (All Adults).** Camp fees are all-inclusive (lodging, meals, t-shirt, training materials, maps, and other adventure activities). Scholarships may be available to those with identified needs. Speak to your coach, local club, or camp director about scholarship opportunities.

**You (and/or coach) must provide/arrange**:

Transportation to and from TJOC

Individual orienteering equipment and supplies (see equipment list)

Personal clothing and equipment

Schools/teams sending 4 or more participants, should provide a vehicle and driver, coach, or chaperone that can remain with you during camp. *Consult camp director with concerns, as needed.*

**Junior orienteers:** You are expectedto participate in all training and assistwith cleaning, setup and other duties during camp. This is a high-paced and intense camp. You will work your tail off, but will also significantly improve your orienteering skills, while having a lot of fun doing it.

**Coaches:** Please prepare orienteers to be successful at TJOC! You must actively organize, train, and equip your orienteers BEFORE they show up at Sid Richardson. Get them running in the May heat – it will be HOT in Texas. **ALL RUNNERS MUST have a hands-free water carrier, good orienteering shoes and gaiters/running pants.**

**Questions or need more info: contact TJOC Camp Director – Ronald Hojnowski**

**Email:** **hojnowski.ronald.snsi@navyjrotc.org**

**Phone: (985)788-8567 (cell) – please leave a message if needed and I will return your call ASAP.**

**Camp Training/Groups:** Based on experience, coach recommendations, and TJOC staff input, runners will be grouped as either Fast Start (2-day Yellow quick-start course), Intermediate, or Advanced. Runners may be moved up or down, based on performance during the week.

**Prerequisites, Individual Equipment and Skills**

**Prerequisite:** Positive attitude & no couch potatoes! Participants must be physically active, motivated, and ready to learn the skills of orienteering as demonstrated by ***running 2 miles in 18 min (male) and 22 min (female).***

Clothing & Equipment: Participants must bring at least 4 complete changes of clothes, an extra pair of closed-toe shoes, and extra undergarments/socks; you can’t have enough. T-shirts, shorts and running shoes are appropriate for most non-orienteering activities. CONSERVATIVE swimsuit (Boys: no speedos; Girls: one-piece suit or two-piece w/t-shirt) & beach towel. Wet weather gear (poncho, ball cap, etc.) Flip-flops (shower shoes), wraps, pajamas, and other casual clothing are permitted after-hours activities. *\*Clothing must be school-appropriate\**

General Equipment: Insect repellant, sunscreen, glasses and/or sunglasses, *duct tape-full roll*, toiletries, aspirin or ibuprofen (check with your coach before bringing), small first aid kit, soap, shampoo, laundry detergent, mesh laundry bag, ***sleeping bag/pillow or sheets/blanket (bedding is NOT provided)***, washcloth, at least 2 bath towels, bright flashlight or headlamp (you will orienteer at night), extra batteries. Notebook and writing utensils.

Orienteering Equipment:

***Hands-free water carrier – camelbak or similar device (required on all courses)***

Watch, whistle, compass (bring an extra) - (required on all courses)

E-stick (one can be provided if you don’t have one), manual punch card holder, and clue card holder

Gaiters, Orienteering Socks, Orienteering Pants (Shorts ARE NOT recommended for orienteering)

Running/Trail/O-shoes; 2 pairs Flashlight or headlamp for Night Orienteering

Long-sleeve t-shirts and other protective clothing Eye protection (as desired)

Other Equipment: Cell phones, charging cords, cameras, etc. Check with your coach before bringing. (Note: There is typically cell service available, but no WiFi).

***\* You must bring your own bedding (sheet/blanket/pillow/sleeping bag/etc)***

**Fast-Start**

Successfully completed *at least* two ***Yellow*** level courses

**Intermediate Level:**

Successfully completed *at least* two ***Orange*** level courses

Sample Skills:

 Folding/orienting/thumbing a map

 Proper use of a compass (bearing)

 Basic orienteering symbols/map reading

Sample Skills:

Understand O-terms/vocabulary

Read clue cards and map IOF symbols

Taking a bearing

Proper map folding/thumbing

Pace count (walk/run/uphill, etc.)

Applying “a system”

**Advanced Level:**

Successfully completed *at least* two ***Brown/***

***Green*** level courses

Sample Skills:

Route choice strategies

Navigation techniques

Able to stay in contact w/map

Be able to Mentor/Teach

**Application Checklist and Timeline – Initial Deposits are Due April 21, 2023.**

**Runner Applications**: Pages 5, 7-11 of this application must be completed, signed, witnessed (where required), and SCANNED AND EMAILED by 05 May 2023.

**Coach/Adult Applications**: Pages 6-10 of this application must be completed, signed, witnessed (where required), and SCANNED AND EMAILED by 05 May 2023.

1. Scan completed packages and email to Camp Director: **hojnowski.ronald.snsi@navyjrotc.org**

2. If unable to scan and email, please mail packages to:

 *PLEASE DO NOT MAIL*

 **Ronald Hojnowski**  *PAYMENTS TO THIS ADDRESS*

 **1921 Addington Ct NW** *\* See below for payment address \**  **Acworth, GA 30101**

**3. Important Dates: April 21, 2023 - $50.00 non-refundable deposit mailed to Mary Lynn Genovesi**

 **- Email participant names to Camp Director**

 **May 5, 2023 - Completed packages scanned/emailed to Camp Director**

**May 19, 2023 - Final payments mailed to Mary Lynn Genovesi**

**MAIL ALL PAYMENTS TO THIS ADDRESS ONLY: TJOC Payments**

**c/o Mary Lynn Genovesi**

***All payments should be in the form of a check*  883 St James Dr**

***or money order and made payable to “TJOC”* Fairview, TX 75069**

**Runner** **Applications include pages 5 & 7-11**. (Please submit all forms in one file if possible)

2023 TJOC Runner Application

2023 TJOC Experience Form

Covenant Not to Sue

Consent to Medical Treatment Form

Individual Health and Medical Record: TJOC

Parent/Guardian Agreement/Release/Permission

**Staff/Adult Applications include pages 6-10.** (Please submit all forms in one file if possible)

2023 TJOC Staff/Adult Application

TJOC Experience Form

Covenant Not to Sue

Consent to Medical Treatment Form

Individual Health and Medical Record: TJOC

Check your application package before sending:

If you are under 18 years old, a parent or guardian must sign the appropriate forms!

There is ***no requirement for a Notary Public***. The witness can be any adult.

*You must have a coach/instructor/adult group leader certify* you meet the prerequisites for attending.

***Please complete all forms in their entirety, neatly and legible.***

***TJOC is open to all junior orienteers (age 13-19) from any club, school, or JROTC unit across the country. Spread the word and bring your friends for a high-energy and fun week or learning and camaraderie. TJOC is orienteering training at its finest.***

***PLEASE NOTE: Pocket knives, weapons or any kind, tobacco or any kind (including e-cigarettes and vaping) or anything else not school appropriate is not permitted at camp; Do not bring these items with you. IF YOU DO, YOU RISK BEING SENT HOME FROM CAMP at parent’s expense.***

###### COACHES/DRIVERS, PLEASE NOTE!

###### TJOC starts Sunday, 04 June 2023 at 2:00 pm and ends Friday, 09 June 2023 at 3:30pm. If your group needs to arrive or depart early/late, please contact the Camp Director: Ron Hojnowski, hojnowski.ronald.snsi@navyjrotc.org

Camp location is Lakeview Lodge Sid Richardson Scout Camp (Google it for directions to the campsite). Sid Richardson Scout Ranch (SR2) is located near Runaway Bay and Bridgeport, Texas. [Click HERE for location and pictures of the campsite.](https://www.google.com/maps/place/Lakeview%2BLodge%2BSid%2BRichardson%2BScout%2BCamp/%4033.244819%2C-97.865417%2C3a%2C75y%2C90t/data%3D%213m8%211e2%213m6%211sAF1QipN3zC1YsgnnGi3efMy1mP3c7FjMc4zay_V-bNlw%212e10%213e12%216shttps%3A//lh5.googleusercontent.com/p/AF1QipN3zC1YsgnnGi3efMy1mP3c7FjMc4zay_V-bNlw%3Dw114-h86-k-no%217i4032%218i3024%214m14%211m7%213m6%211s0x8652732f00f7ee37%3A0xed2601b55d4a08d9%212sSid%2BRichardson%2BScout%2BRanch%218m2%213d33.1956238%214d-97.9077321%2116s/g/1tlndw05%213m5%211s0x8652747a12c6c3cf%3A0xf50e68d60fa181cb%218m2%213d33.244819%214d-97.865417%2116s/g/11b807w10h?hl=en)

\* Google Lakeview Lodge for direction directly to camp. Once arriving at Sid Richardson Scout Ranch (SR2) camp entrance, it is still another 15-20 ride to Lakeview Lodge. Please plan accordingly to arrive on time.

**2023 TJOC RUNNER APPLICATION**

Full Name (Last, First, MI): Nickname:

Address: City:

State: Zip Code: Cell Phone Number:

E-mail address:

Name of School/Club/Organization and Location:

**Gender:** M F **Year born:**

**T-shirt Size:** S M L XL XXL XXXL **E-punch number:**

**Are you a swimmer?** non-swimmer weak medium strong certified lifeguard

*\* Swimming will be a planned camp activity but is not required for those uncomfortable with the water.*

Parent Info: Name: Cell Phone:

 E-mail:

Coach Info: Name: Cell Phone:

 E-mail:

**COACH OR ADULT LEADER: please certify this applicant meets the physical prerequisites for TJOC (2-mile time-trial; maximum time 18 min (male) and 22 min (female). This is time is NOT waivable, runners must be in good physical condition to successfully complete camp in difficult terrain.**

1. I certify that the applicant meets or exceeds the physical prerequisites for TJOC as outlined above:

 2 mile run time: (min) (sec)

2. What level do you request for your runner to participate during camp: (circle one)

 Fast Start (Beginner - Yellow) Intermediate (Orange) Advanced (Green/Brown)

Signature of Coach: Date:

2023 TJOC STAFF/ADULT APPLICATION

Full Name (Last, First, MI): Nickname:

Address: City:

State: Zip Code: Cell Phone Number:

E-mail address:

Name of School/Club/Organization and Location:

**Gender:** M F **Year born:**

**T-shirt Size:** S M L XL XXL XXXL **E-punch number:**

**Are you a swimmer?** non-swimmer weak medium strong certified lifeguard

Coach or adult leaders may also participate in training and competitions. You do not have to participate in all events. Please answer the following:

1. Are you interested in participating in training and/or competitions alongside camp participants?

 Yes No

2. What level do you would you like this runner to participate during camp:

 Fast Start (Beginner - Yellow) Intermediate (Orange) Advanced (Green/Brown)

Signature of Coach: Date:

**Staff members and coaches are expected to assist with orienteering training and other tasks as needed. Do you have any special qualifications that might help us at camp, such as certified lifeguard, COPE certified, EMT/emergency medical skills or qualifications, etc.?**

**NOTE: ADULT STAFF MEMBERS MUST BE COMPLETE BSA YOUTH PROTECTION TRAINING.** This training can be completed by selecting the link below. Scroll down to “Click Here to Begin Training.” You must create an account at myscouting.org, then complete the training. Please forward certificates to Camp Director upon completion.

[YOUTH PROTECTION TRAINING – CLICK HERE!](https://www.scouting.org/training/youth-protection/?gclid=Cj0KCQjwxveXBhDDARIsAI0Q0x1BjCsxw-LJcvOpqNwDVnK4prs2GlvF63ZhYnKgxcurUap38E70J6AaAu2NEALw_wcB)

 ***(****Training Complete) (TJOC Staff Initial)*

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| **2023 TJOC Experience Form** |
| *ALL* camp attendees, please indicate your orienteering experience over the past 12 months. Only your most recent and highest-level courses competed need to be listed. Keep it to one page please. This form will be used to ensure proper placement for this year’s camp to maximize your learning and camp experience. |
| How many years have you been orienteering?  |
| Highest level course level you have successfully completed? Yellow Orange Brown Green Red |
| Event/Meet Name | Event Host Club  | Course (Yellow/Orange/Green/etc) |
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| From one of the events above, list one or more things you learned about yourself or are most proud of regarding orienteering. |

**COVENANT NOT TO SUE**

**OFF-CAMPUS TRAINING AND PRACTICAL FIELD/HIGH RISK TRAINING**

**TEXAS JUNIOR ORIENTERING CAMP (TJOC)**

**(1) PRINCIPAL PURPOSE:** To release the host institutions and the state in which said institutions are located from liability for injury, death, or damages for participants in Texas Junior Orienteering Camp participating in voluntary off-campus training programs, practical field, and high-risk training.

**(2) ROUTINE USES:** Normal personnel actions. Disclosures of information may be provided to proper authorities in actions regarding law enforcement, legal actions as a result of injury or death, and investigations of accidents resulting from such voluntary off-campus training programs, practical field, and high-risk training.

**(3) MANDATORY OR VOLUNTARY DISCLOSURE AND EFFECT ON INDIVIDUAL NOT PROVIDING INFORMATION:** Voluntary. Failure to complete form will disqualify applicants from participating at TJOC.

I , residing at

 (Parent full name) (Street)

 (City, State, Zip Code)

do hereby agree that in consideration for being allowed to participate in Texas Junior Orienteering Camp (TJOC) 2023, conducted by the Texas Junior Orienteering Camp association (consisting of the North Texas Orienteering Association, the Boy Scouts of America Longhorn Council, TJOC Camp Director, and adult camp staff personnel) supervised activity, and whereas I am doing so entirely on my own initiative, risk, and responsibility; and being fully aware of the risk adhering to this type of training, I hereby RELEASE AND DISCHARGE FOREVER, the State of Texas and the Texas Junior Orienteering Camp association and all of its officers, agents, and employees, acting officially or otherwise from any and all claims, demands, actions or causes of action, on account of myself OR on account of any injury to me which may occur from any cause during said activity or continuances thereof, and I do further covenant and agree to hold the State of Texas and the Texas Junior Orienteering Camp association and all of its officers, agents, and employees, acting officially or otherwise, blameless for any and all damages which I may cause either intentionally or through my own negligence.

Printed Name of Parent/Guardian (If participant is a minor) Signature of Parent/Guardian (If participant is a minor) Date

Relationship to Participant

Printed Name of Participant (if 18 or older) Signature of Participant (if 18 or older) Date

WITNESSED BY: Period Covered: 04 June – 09 Jun 2023

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Signature of Witness Printed Name of Witness Date

**CONSENT TO MEDICAL TREATMENT**

**STATEMENT REQUIRED BY PRIVACY ACT OF 1974**

**(1) PRINCIPAL PURPOSES:** A statement authorizing medical care in civilian or government medical facilities while attending Texas Junior Orienteering Camp (TJOC).

**(2) ROUTINE USES:** Normal personnel actions: Disclosure of information may be provided to proper authorities in actions regarding medical treatment, legal actions as a result of injury or death, and investigation of accident resulting from Texas Junior Orienteering Camp.

**(3) MANDATORY OR VOLUNTARY DISCLOSURE AND EFFECT ON INDIVIDUAL NOT PROVIDING INFORMATION:** Voluntary. Failure to complete form will disqualify applicants from participating in Texas Junior Orienteering Camp.

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, consent to be treated in any government or civilian medical facility, near or enroute to the Texas Junior Orienteering Camp near Bridgeport, Texas during the period 04 Jun – 09 Jun 2023. This consent encompasses all procedures and treatments as are found to be necessary or desirable, in the judgment of the professional staff of any of the above-named medical facilities. I understand that this consent is of a general nature and accordingly list the following exceptions to this consent **(if no exceptions, please write "No Exceptions")**

I (am) (am not) on medication. (List type, if on medication)

I (am) (am not) allergic to medication. (List type, if allergic)

It is understood that this consent can be withdrawn in writing or orally at any time.

Signature of Witness Signature of Participant

Print Name of Witness Print Name of Participant

PARENT OR GUARDIAN: (When participant is a minor or unable to give consent),

I , parent/guardian of have read and understood the above consent to treatment and hereby expressly consent to the above-described treatment.

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Signature of Witness Signature of Parent

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Print Name of Witness Print Name of Parent



***\* Health Insurance is REQUIRED! Application WILL NOT be accepted without completed health insurance info.***

Texas Junior Orienteering Camp (TJOC)

**Parent/Guardian Agreement/Release/Permission**

I give my permission for my son/daughter \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to participate in the 2023 Texas Junior Orienteering Camp. I understand activities will include orienteering training (70% of the camp), physical fitness activities, and other activities potentially including rappelling, aquatics, and other physically demanding activities. I understand that if my participant is unable or unwilling to meet the physical requirements of camp that I may be notified to pick up my participant.

I understand that a ***Zero Tolerance*** policy on participant conduct and behavior involving drugs, tobacco, public displays of affection, etc. All school district and Boy Scout of America (BSA) policies will be in effect during TJOC 2023 from time of arrival, until the participants depart camp. If a participant should violate these rules, the parent/guardian may be notified to pick up their participant prior to the end of camp, at no expense to the camp.

I understand that I may be charged for any damage to the camp facilities and I accept full responsibility for my participant’s actions during this camp.

I (and my participant) understand all camp participants will share tasks such as cleaning of common areas including training rooms, dorms, restrooms, dining hall, and surrounding grounds. The camp director and staff will make these assignments and all participants are expected to do their share.

To the best of my knowledge, my son/daughter is in good physical condition. Participation in TJOC, in my opinion, will not have an adverse effect on his/her health. I will immediately notify the camp director of any changes. Medical support, on site, will be first aid provided by camp staff. Any participant requiring medical care beyond first aid will be sent to a local clinic or hospital. Participants will be financially responsible for any medical requirements beyond that provided by camp staff. ***Health insurance is required to participate in this camp, with full insurance information provided. There will be no exceptions!***

All medications the participant is taking should be given to the camp medical officer for appropriate dispensation according to the instructions from the parents and/or doctor.

Should a participant be required to be picked up from camp early, it will be at no cost to the camp and no portion of camp tuition will be refunded.

I understand that my child will be unable to attend TJOC without this signed agreement/release form, proper insurance documentation, and signatures below agreeing to the provisions outlined above.

Signature of participant: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature of parent: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_